

Canarium indicum, ngali nut



Ngali trees have been cultivated in Melanesia for thousands of years and are an exceptionally important tree in traditional customary life.

Stories, songs and customs dances based on the Ngali tree have been recorded in both the Solomon Islands and Vanuatu.

Ngali oil is derived from the Ngali Nut. After being harvested the outer flesh is removed and left in the shell to dry for a few days. The shell is then removed and the nut by itself is left to dry for a few more days.

Some Amazing Benefits of Ngali Nuts

- Aid in Digestion.
- Treat Inflammation.
- Prevent Chronic Diseases.
- Balance Cholesterol.
- Weight Loss.
- Control Diabetes.
- Increase Cognition.
- Improve Bone **Health**.

Ngali Nut also contains Ngali oil which is transparent and exudes a mild, nutty aroma. The oil has a rich texture and is due to the high levels of stearic, palmitic, oleic and linoleic fatty acids. These fatty acids contribute to the ngali oil's emollient properties which softens and soothe beautifully. Its highly absorbent properties make it a superior replacement for other carrier oils, including jojoba oil.

The following are some of pure Ngali Oil's properties:

- Antibacterial
- Anti-inflammatory
- Deep skin absorption, no oily residue
- Deeply Nourishing & Hydrating
- Smoothing & Rejuvenating

Ngali oil has many benefits when used topically. These include:

- Alleviates arthritis pain
- Prevents infections

- Treats acne
- Treats psoriasis
- Treats eczema
- Active Ingredient in Healing Salves
- Beautifully nourishes the skin
- Softens, smoothes and soothes creating a natural, healthy finish